CHAPTER 53

PROPERTIES OF LONGSHORE BARS IN THE GREAT LAKES

by

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Longshore bars are permanent features of nearshore bathymetry along the windward coasts of the Great Lakes   The stability and permanency of these features have been noted by numerous investigators, but movements of the bars and troughs in relation to varying lake levels and incident wave energies are not fully understood   Studies of nearshore bathymetry and sediment properties were conducted during 1967 and 1969 along a forty-five kilometer reach of the eastern coast of Lake Michigan

Results show that the offshore bars migrate significantly due to changes in lake level, a rise of one-half meter in the surface of Lake Michigan between 1967 and 1969 was accompanied by a shoreward movement of bar crests and troughs over a distance averaging 30 meters   Elevations of the crests and troughs are also built upward toward new equilibrium levels during rising water levels, but elevating of the crests lags the increase in stage   Extensive shore erosion occurs because of the reduced effectiveness of longshore bars in dissipating incident wave energy The average crest depth was found to increase linearly in the offshore direction   Average distances between crests increase exponentially These relationships are preserved during the bar growth and shifting that accompanies long term changes in lake level

Bar troughs are characteristically crescent shaped, with no abrupt changes in slope   Fathograms from several ranges show atypical trough configurations consisting of flat bottoms with discontinuities in slope on ascent to adjacent crests   This unusual trough shape is indicative of an immobile stratum exposed along the bottom of the trough

INTRODUCTION

Longshore bars are permanent features of nearshore bathymetry along the windward coasts of the Great Lakes where an abundant supply of sand-size sediment is present   The bars and intervening troughs are oriented essentially parallel to the shoreline   Along the eastern coast of Lake Michigan the longshore bars are continuous in coastal reaches exceeding many tens of kilometers, and the structure of these remarkable features has been described by numerous investigators   The continuous bars are usually three or four in number in Lake Michigan, although as many as five or six have been observed   As a rule, the

839

spacing between bars increases in the offshore direction, so that the
distance between the first and second bars is less than the distance
between the second and third bars as one proceeds toward deep water
The trough associated with each bar occurs inshore of the crest, and
the height of the crest above the trough also increases going offshore,
with the exception that the bar farthest offshore is often of small
height and configured as a long, gently-sloping swell of the lake
bottom lying just lakeward of the more typical longshore bar structures

The longshore bars of Lake Michigan were first described by Desor
(1851), and more comprehensively investigated by Evans (1940, 1942)
The observations of bar structure made by Evans have been widely
reported (e g , Shepard (1950) and Zenkovitch (1967)), and constitute
the framework of present knowledge   There have been relatively few
studies concerning movements of the bar structures due to varying
incident waves and currents, or due to long-duration variations in
water surface elevation   Evans (1940) concluded that minor readjust-
ments in the positions of bars and troughs may occur with changes in
intensity or direction of incident waves, but that the bars do not
migrate in response to significant increases in water surface eleva-
tion   He believed that an increase in water level would strand the
deeper bars as relicts, and that a new set of crests and troughs would
be built inside them   The only shoreward migration of bars would be
associated with a lowering of lake level, which would decrease the
water depth over the innermost bar and cause currents or waves of
translation across it   With these conditions, Evans felt that the
innermost bar would move shoreward as a subaqueous dune   Davis and
McGeary (1965) studied the stability of nearshore topography in south-
eastern Lake Michigan during the summer months of 1963   Their results
agreed with Evans' findings that the offshore bars do not move appre-
ciably   Bajorunas and Duane (1967) studied nearshore topography in
a similar environment in southeastern Lake Superior and contrary to
previous findings, they showed that considerable movement of bars can
occur during just a few months   In southeastern Lake Michigan, Hawley
and Judge (1968) indicated that the bars and troughs do migrate from
year to year, but they did not identify a regular and consistent
pattern of movement

This paper describes the results of an investigation of bar
stability conducted during 1967 and 1969 on the eastern coast of Lake
Michigan   The reach of coast studied extends about 45 km, centered
about Little Sable Point (Figure 1)   Twenty-nine range lines were
established perpendicular to the shoreline at nearly equally-spaced
intervals throughout the study area   Topography was monitored along
each range line from the back beach to an offshore water depth of about
9 m, which is a depth in excess of that in which the bar structures
occur   Sediment samples were collected along each range and grain-size
distributions determined in the laboratory   Wave height and period
and wind speed and direction were recorded continuously from an off-
shore platform   The platform was erected at a site where the water
depth was 6 m, and it was located about 500 m north of the Pentwater
jetties, near the northerly end of the study area, and 400 m from the
strandline   Water surface elevation and current speed and direction
were also monitored from the platform during the investigations
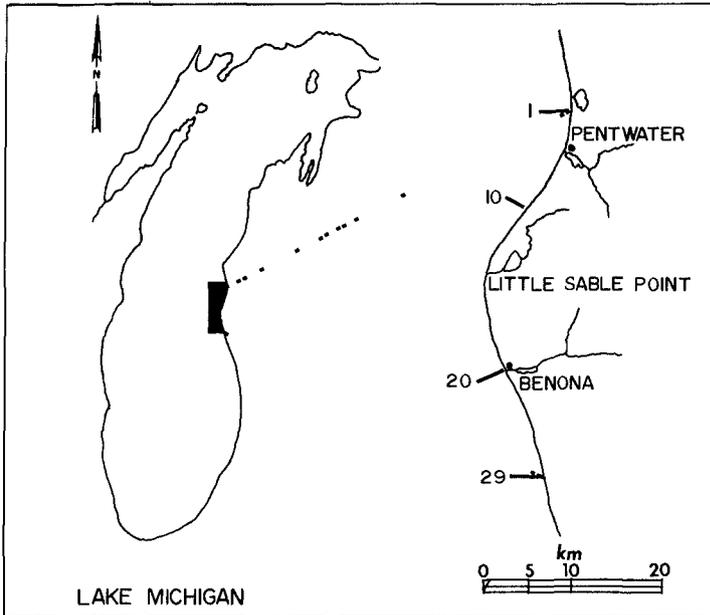
Fig 1   Location of study area and selected ranges

CHARACTERISTICS OF OFFSHORE BARS

From casual observation of the eastern Lake Michigan coast by either personal visits or inspection of aerial photographs, the continuity and regular spacing of the offshore bars and troughs are striking features   However, if the nearshore topography is studied in more detail over a lengthy reach of the coast, the regularities of bar structure become more obscure   The spacing and number of bars vary from range to range, as does the depth of water over the crests and the distance of the bars from shore   The most pronounced variations occur in shallow water near shore   The shallow-water bar, or bars, may not conform to the trend of the shore, as do deeper bars, but will sometimes merge at an angle with the beach face   In other reaches, the coastal ridge may appear as an alignment of discontinuous shoals, a crescentric bar (horns and cusps directed toward shore), or simply a perturbance on the outer edge of a bench lying below the swash zone Such coastal bar forms are also more variable in time than the deeper longshore bars   They are continually subject to changes in size and position, and may disappear and reform in the course of a few days Just south of the Pentwater jetties the entire sequence of longshore bars is virtually absent   The jetties, which extend about 150 m into the lake, disrupt littoral drift and as a consequence the fully-developed sequence of bars is not observed again until one proceeds abouts 1 km south   From this location southward to the vicinity of Little Sable Point, a quartet of well-developed bars persists with

little variation in geometry   At Little Sable Point, the inflection
point between a northeasterly and southwesterly trending coast, the
regularity of bar-trough configuration is again broken   The smooth,
regular bar pattern is replaced by an irregular profile which more
closely resembles that found on ocean coasts exposed to a wide variety of
wave trains   A regular sequence of bars is reestablished south of the
point and persists throughout the southerly 20 km of the study area
The crests are deeper and more widely spaced in this reach, however

        In spite of the variations in bar structure from range to range,
the entire reach of Lake Michigan coast studied is typified by the
presence of three, and in several subreaches four, essentially-contin-
uous longshore bars   The spacing and depth of these bars, while not
constant, do fit remarkably simple patterns   These bars conform with
the classical descriptions, in that the elevation of crest above trough
(height) increases going offshore, as does the spacing between crests
The depth of water over successive crests increases linearly in the
offshore direction, as illustrated in Figure 2, which shows the average
values observed during 1969 for ranges 1 through 15, and ranges 18
through 29   The continuous bar nearest shore is labeled in the figure
as crest 2 because of the frequent presence of one or more low amplitude
bar-like structures between it and the strandline   In all reaches
studied, the crest elevations of the three continuous bars exhibit
a nearly linear distribution, although the slope of the line connecting
crest elevations does vary along the coast as illustrated in the figure,
and the bars are deeper south of Little Sable Point than they are to
the north

        Between the continuous bar nearest shore and the strandline, one
or more bar-like structures are occasionally observed   If more than
one are present, the depth of water over the crests is nearly the same
and averages about 0 5 m   These shallow-water features show much vari-
ability from range to range and they are not continuous along the coast
for lengthy distances   The 1967 investigations were conducted in the
northern third of the coastal reach and during the summer months of
June through August During this period the shallow-water crests were
always present, but they were not as prevalent on the same ranges during
the 1969 studies made during the spring and fall months   The summer
months on Lake Michigan are characterized by moderate winds and waves,
with storms occurring infrequently, while during spring and fall the
coast is subjected to frequent intervals of high wave stress   Thus,
the shallow-water features are prominent in summer when the deeper and
permanent bars are inactive and lie below the depth of the normal wave
forces   They represent the reworking of the nearshore sediment due
to moderate waves which pass unaltered across the deeper bars   Intense
storm waves effect the entire bottom structure and disrupt the shallow-
water structures built under moderate wave conditions

        Much variability in bar structure also occurs offshore from the
three continuous crests   In the northern parts of the study area, a
forth continuous bar is present and the depth of water over its crest
is linearly related to the depth of water over the three shallower
continuous crests   In this region, the fourth continuous bar conforms
with the characteristics of the inner three, as the amplitude and bar
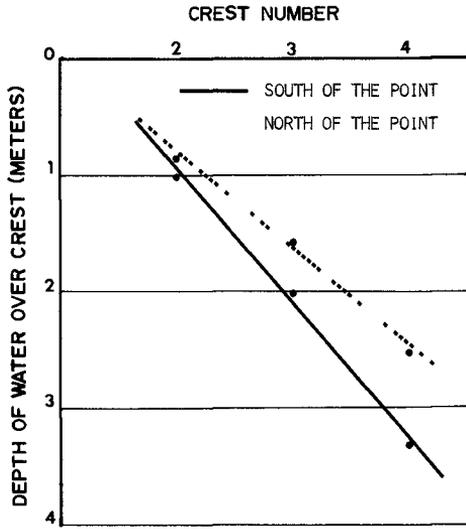
CREST NUMBER

Fig 2   Average depth of water over
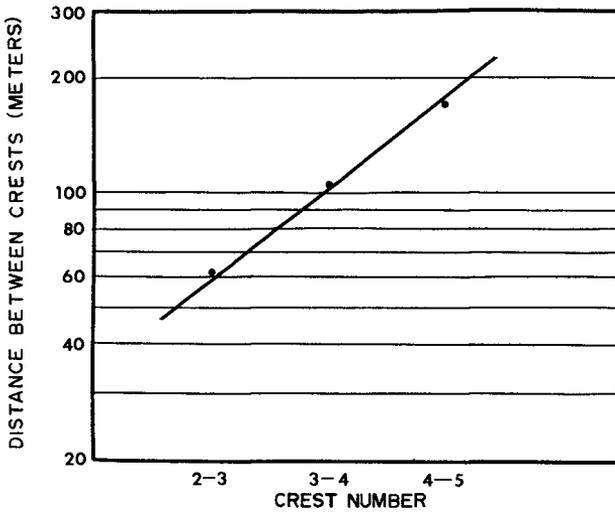   successive bar crests

Fig 3   Average distance between bar crests
         based on measurements at 29 sites
         over approximately 45 km

spacing increase in a regular fashion going offshore   Outside of the
quartet of continuous crests, a long-crested, low-amplitude swell of
the lake bottom is sporadically present on various ranges   The north-
ern half of the reach south of Little Sable Point is also characterized
by four continuous crests, while near the southerly end of the coastal
reach only the three continuous crests are present   Again, the low-
amplitude swell occurs lakeward of the continuous features on only
several of the range lines

    The depth of water over the crests of shallow-water bars and of
the deep lake bottom swells does not fit the linear distribution ob-
served for the continuous crests   At both ends, the observed water
depths are greater than those which would be obtained from interpola-
tion of the linear trend for the persistent triplet   If the linear
distribution of crest elevations is truely representative of an equili-
brium longshore bar structure, as is certainly suggested by the consis-
tent observations, the deep swells of the lake bottom must be represen-
tative of bar formation at a depth where there is insufficient energy
expended by breaking waves for full bar development   This is perhaps
to be expected, since the deep crests would cause wave breaking only
for the most intense and infrequent Lake Michigan storms   The sporadic
occurrence of the deep swells, and the development of four continuous
bars in two subreaches, would be the result of the variations in wave
intensity along the coast due to wave refraction and differences in
exposure

    The spacing between crests in the offshore direction does not
increase in a linear fashion, but rather increases exponentially   The
spacing between bars shows more variability than the depth of water
over the crests, although there are clearly defined distributions
Figure 3 shows the bar spacings observed during the spring of 1969 in
the entire coastal reach   The numbering scheme for the crests shown
on the figure is the same as used previously, i e , crests 2-4 refer to
the three bars continuous along the coast   The spacing between crests
varies considerably as the offshore gradient varies from range to
range   At Little Sable Point, for example, the slope is greater than
it is at the northern end of the study area, so that the bars are com-
pressed together even though an exponential increase in spacing is
still observed in the offshore direction

    The ratio of water depth over the trough (Dt) to depth over the
crest (Dc) falls between 1 1 and 2 1   Keulegan (1948) reported that
this parameter remained fixed even as other measures of the bar changed
due to varying wave conditions   The average value of 1 5 from our
data agrees closely with value 1 5 (below llw) given by Shepard (1950)
as most typical of Pacific beaches, and with the average of 1 69 deter-
mined by Keulegan in wave tank experiments   It should be noted, how-
ever, that choice of reference level (mlw, llw, etc) and method of
calculating the average can significantly alter the results   Further,
no relationship between the type of bottom material and Dt/Dc could be
found even through the bottom material was found to exert a major influ-
ence on bar profile configuration, as will be discussed later

    In examining bar measurements made on the Pomeranian coast by Otto

and Hartnack (in Keulegan, 1948) and on Lake Michigan by Evans (1940),
Keulegan felt that there was field evidence that Dt/Dc increases with
increasing distance of the bar from shore   No significant difference
was found in this ratio for the three persistant bars (2, 3, and 4) in
this study   A lower value of 1 3 for the outer bar contributes to the
evidence that the outer bar, which is out of the reach of frequent
wave disturbance, has not yet been able to build to an equilibrium
state

     The physical significance of the linear increase in depth of water
over successive crests and of the exponential increase in bar spacing
is not readily apparent   The water depth at which incident wind waves
break is a constant fraction of the depth, i e , the waves break when
the wave height is on the order of 0 8 of the water depth   Thus, a
linear increase in water depth over the crests going offshore would
imply a linear decrease in the height of waves breaking on successive
crests in the onshore direction   Since wave energy is proportional
to the square of the wave height, the energy dissipated on each bar
would not decrease in a linear manner, and the energy dissipated on
each crest may play an important role in determining bar spacing   How-
ever, it is probable that the large wave heights are associated with
the longer wave lengths incident on the coast so that the process of
breaking across successive bars can filter out wave lengths as well as
wave heights   The wave length may also be a factor in determining
bar spacing

                              BAR STABILITY

     After reaching record low levels in 1964, the water surface eleva-
tion of Lake Michigan increased steadily through 1969 (Figure 4)
According to Evans' (1940) hypothesis, the rise in lake level should
have stranded the deeper bars as relicts, with a new set of longshore
bars built inside them   But the observations do not indicate that this
has occurred   On the contrary, the bars have built upward toward the
water surface and moved inshore   Figure 5 shows bottom elevations mea-
sured along two ranges in the northern third of the study area which
typify the observations in this coastal reach   The profiles were mea-
sured during the summer of 1967 and the spring and fall of 1969

     An onshore movement of bars and troughs is unmistakable, and for the
profiles shown in Figure 5 averages about 30 m   The direction of move-
ment in relation to long-duration changes in lake level is exactly
opposite to the movements hypothesized by Evans (1940), who indicated
that onshore movement of the shallower continuous bars would be asso-
ciated with falling lake levels   During the summer months the deeper
bars exhibit much stability, in agreement with summer observations made
by Davis and McGeary (1965)   Comparison of aerial photographs may
also give a misleading interpretation of bar stability unless the
cyclical changes with respect to water surface elevation are taken
into account

     The average depths of water observed over successive crests during
the summer of 1967 and spring of 1969 are compared in Figure 6 for
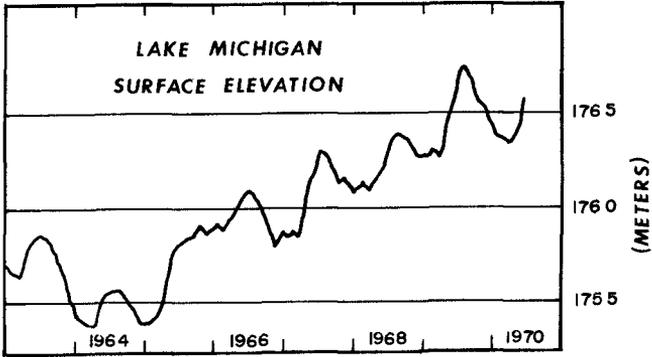those ranges studied both years   If the bars were static, fossil fea-

Fig 4   Hydrograph of monthly mean levels
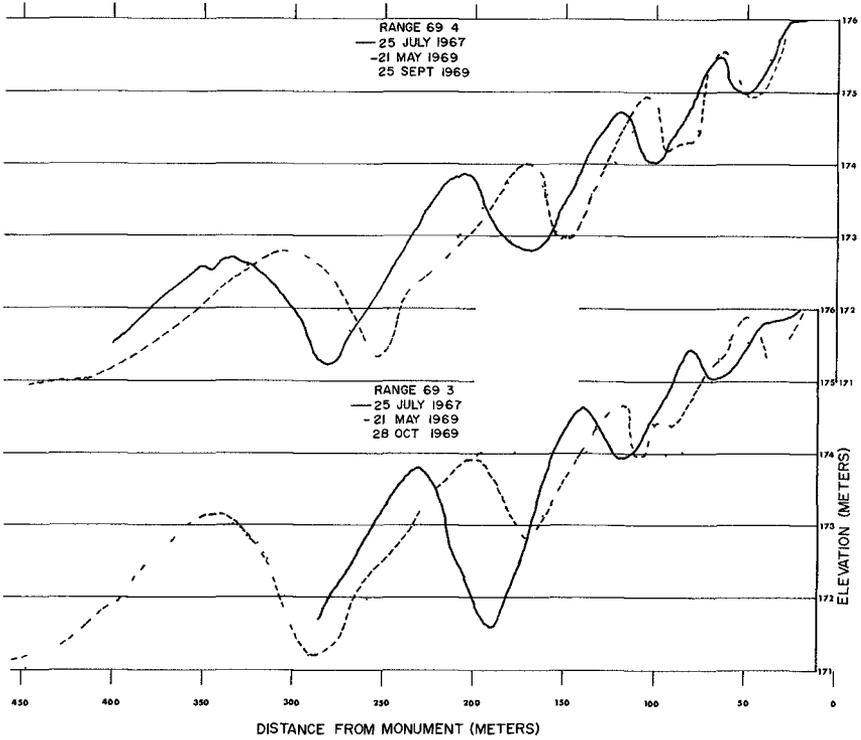   of Lake Michigan since the record
          low of 1964 (IGLD, 1955)

RANGE 69 4
—— 25 JULY 1967
– 21 MAY 1969
25 SEPT 1969

RANGE 69 3
—— 25 JULY 1967
– 21 MAY 1969
28 OCT 1969

DISTANCE FROM MONUMENT (METERS)

Fig 5   Movement of bars and troughs

tures, they would simply have been drowned during the subsequent rise
in lake level, i e , the 1969 depths would merely plot 0 31 m above
the 1967 depths   But this is not what occurs   The bars have responded
to the rising lake level by building upward in a manner to preserve
fixed depths below the water surface   Discrepency between the 67 and
69 depths increases toward deep water (where the response is slower),
but even on the deeper bars the difference in depth is less than the
change in lake level

     The most rapid movements of bottom material are associated with
the spring and fall intervals of frequent high wave intensities   The
fall season is most important because wind across the lakes is accel-
erated due to unstable air stratification above the warm lake surface,
whereas stable stratification occurs in spring and summer over the cold
lake surface   Thus, lake elevation during the fall months is perhaps
the determining factor in the establishment of equilibrium nearshore
topography, and in this sense the profiles measured during the summer
of 1967 and the spring of 1969 are probably representative, at least
for the deep water ends of the profiles, of conditions established
during fall of the previous year   For a considerable part of
the ice-free season, an increase in water surface elevation allows
higher amplitude waves to propagate to the shoreline than would be
possible if the profiles were fully adjusted to an equilibrium state
These non-equilibrium stages are associated with extensive beach erosion
and structural damage   Conversely, during low lake levels the long-
shore bars are more effective in dissipating the incident wave energy,
and the shallow-water areas are unusually stable   Noting the annual
cycle of water surface elevation in Lake Michigan as shown in Figure 4,
it is to be expected that the beach is most vulnerable to erosion during
the early summer months of peak water level

                       TEXTURE OF BOTTOM SEDIMENTS

     A fine grain, very well sorted quartz sand is the typical bottom
sediment from the water's edge out to a depth of 9 m and from range 1
to range 29, 45 km south   While diving with the aid of SCUBA, a few
pools of colloidal clay (about a meter in diameter and a few centimeters
in thickness) were noted, resting gently over scattered depressions in
the bottom   None of the more than 270 bottom samples had so much as
1% by weight in the silt-clay size range, i e , $<4\phi$, where $\phi = -\log_2$
diameter in mm   Toward the other end of the size range granules
and pebbles, though uncommon, did occur at the strandline along some
reaches of the coast and they appeared in a few samples from specific
troughs

     Sieving the sediment on $1/4\phi$ intervals disclosed a small but clear
trend toward finer material on the crests away from shore   Superimposed
on this classical pattern is a tendency for trough samples to be coarser,
more poorly sorted, and more negatively skewed than samples from the
adjacent bar (Figure 7)   Changes in these three textural parameters can
most simply be viewed as expressing the absence, on crests, of some
material from the coarse end of the normal size distribution
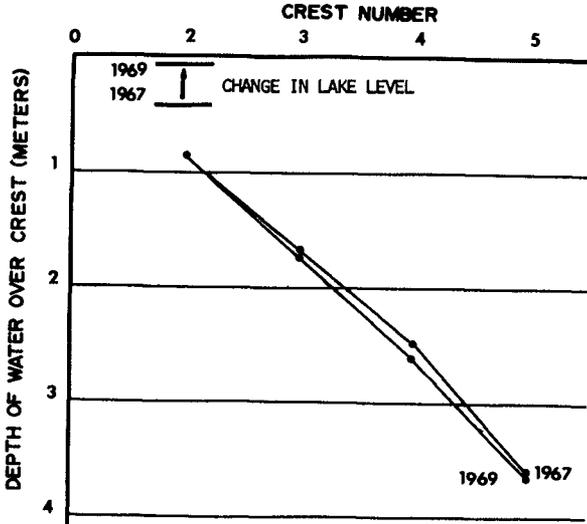
Fig 6   Average crest depths measured at ten
          sites in 1967 compared with the results
          of 1969 measurements from the same area
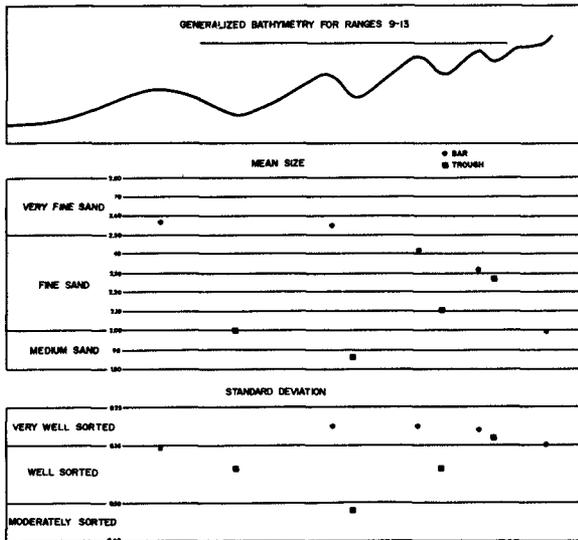

Fig 7   Average textural parameters of crest
          and trough samples from ranges 9-13
          Trough samples are coarser and more
          poorly sorted than samples from adjacent
          troughs

These observations are in accord with the principal theories on
bar genesis, in as much as the various theories all envision some
winnowing action at trough sites with concomitant deposition on a
bar site located immediately lakeward

Figure 7, illustrating textural variations in an offshore direc-
tion, is based on the average values from the various bars on ranges
9-13 during 1969   In addition to the accumulation of slightly coarser
sand at the troughs, which appears to be a general rule, we found a
few troughs floored with a relict, immobile material   Therefore, to
examine size variations of just the mobile fraction in the longshore
direction, the crest samples were averaged for the three persistent
bars which occur on each range, and the results are shown in figure 8
A regional trend emerged,   the finest material in littoral transit
and stable within the surf zone accumulates in the area just north of
Little Sable Point (in the vicinity of range 10)   This reach of the
coast occupies an intermediate position between shore bluffs that
mark the intersection of the modern shoreline with glacial moraines
A high bluff (>50m) to the north is subject to periodic slumping as
indicated by the presence of recently uprooted trees in the shallow
water at the toe of the bluff and by the testimony of residents   This
source of new material to the littoral system lies about 5 km beyond
the northern limit of the area sampled, but as shown by the pattern
of accretion and recession around the Pentwater jetties the net long-
shore drift is from the north in this region and the bluff appears
to be a source of sediment to the nearshore zone as far south as Little
Sable Point   Cobbles lie at the toe of the bluff and the finer consti-
tuents eroded from the morainal debris are redistributed by littoral
drift   Clays and silts in suspension evidently move considerable
distances alongshore, but are ultimately diffused into deeper water
prior to burial   The sand load becomes gradually finer in its direction
of flow away from the bluff toward Little Sable Point, Figure 8   The
transport of some of the coarse sand reaching Pentwater may be arrested
by the jetties there   South of Little Sable Point the moraine again
meets the shoreline, and in the past has contributed fresh material
to the shore environment   However, because of the configuration of
the coast (Figure 1) the northwesterly storms are less important here
than southwesterlies which cause littoral drift in this region toward
the north   The finer sediments in the vicinity of range 10 are protect-
ed somewhat from northerly drift by the Point   Northwesterly storms
likewise fail to induce strong littoral flow at this point since the
waves approach normal to shore   Therefore, it is not unreasonable
that moving away from glacial bluffs to the north and south toward this
zone of converging littoral currents, increasingly finer and more
mobile sediments are encountered   It should be pointed out that the
spatial variations in texture, (alongshore, offshore, and bar verses
trough) are small ($\sim 3/4\phi$) and would not have been disclosed by the
still common practice of sieving at $1/2\phi$ intervals

BAR GEOMETRY AND COMPOSITION

A relationship between sand size and slope of the beach has been
demonstrated by Bascom (1951)   Moreover, wave tank experiments at the
Coastal Engineering Research Center (Saville and Watts, 1969) have
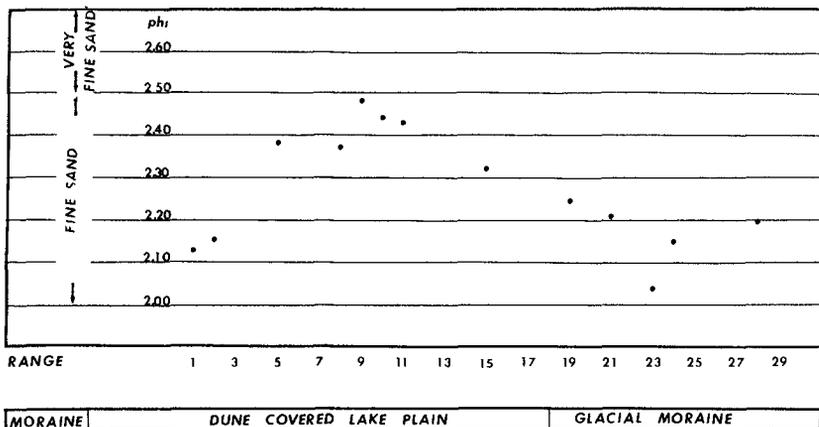
Fig 8   Longshore variation in mean diameter of mobile sediment
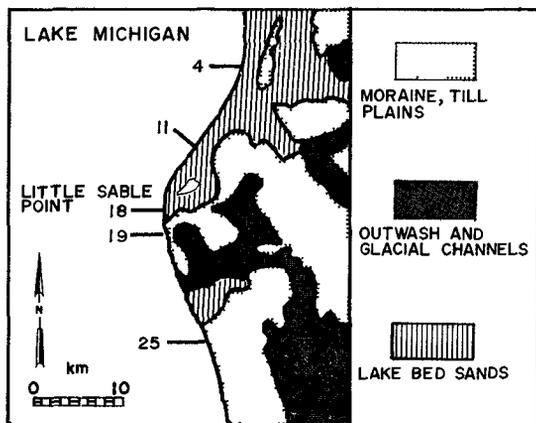

Fig 9   Location of ranges with boulder-paved
            troughs and their relationship with
            glacial formations onshore   (From
            Michigan Geological Survey, 1955)

shown a tendency for bars to build slightly farther offshore as the
grain size of the sediment is decreased   The textural variations dis-
cussed in the preceding section are, however, too small to relate to
changes in bar morphology   The response of profile configuration to
radical changes in bottom composition, several orders of magnitude
greater than the variations revealed by sieve analysis, will be discuss-
ed here

     Longshore bars occur on tidal as well as tideless bodies, inland
lakes as well as open oceans   The resulting forms are quite variable,
reflecting local sediment response to a particular energy environment
In spite of this variability, longshore troughs in sandy material are
characteristically U-shaped   It was therefore surprising to find on
the fathograms several profiles exhibiting flat and even convex upward
trough floors   In each instance investigation using SCUBA revealed
the presence of a rock pavement at these sites of anomalously shaped
troughs

     The rocks were from cobble to boulder size (0 1 to several meters
in diameter) and ran the gamut of lithologies through sedimentary,
igneous, and metamorphic types   This indicates the necessity of
glacial transport to explain their occurrence on the shore of Lake
Michigan   Three of the five ranges with flat bottom troughs are
indeed directly offshore from truncated glacial moraines   The occur-
rence of boulders on these three southern ranges is thus readily
explainable as an effect of post glacial coastal erosion   Boulders also
floor troughs on ranges 4 and 11, and these are separated by kilometers
from the nearest boulder clay deposit   Evidently the glacial moraines
formerly extended considerably farther westward (Figure 9)

     The correlation between atypically shaped troughs and the presence
of boulder pavements seems well established by this study   The use of
grab samplers (VanVeen, 1936, Shipek, 1965), so routinely employed in
surveys of shallow-water sediments, fail to reveal the rock pavements
due to the large size of individual rocks (0 1-2m) and the elongate,
patchy distribution of the deposit   Likewise, Hough's method (1952)
for identifying bottom composition by interpreting the density and
thickness of fathogram traces also failed to reveal these substantial
changes in bottom type   Rock pavements do however reveal their pre-
sence by effecting profile configuration   They interrupt normal pro-
file development, causing abrupt changes in slope and flat to convex
upward troughs (Figure 10)   This previously unrecognized relationship
permits the use of fathograms to infer the presence of clay, gravel,
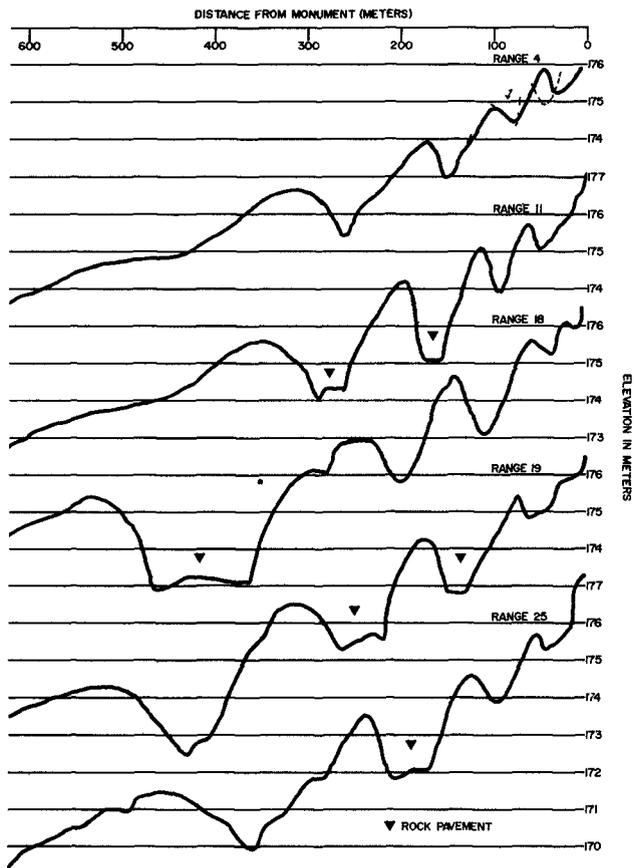boulder, or bedrock substratum and the thickness of mobile sediment

Fig 10   Atypical, flat-bottom troughs arise where
         immobile strata interrupt normal profile
         development

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