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EXPERIENCING THE PROCESS DEBRIEF "A WORKSHOP"

Sid Ward and Gita Govahi

Goals:

- 1) To provide the trainers/instructors with an opportunity to participate in an experiential activity.
- To familiarize participants with an effective method of introducing, conducting, and debriefing experiential activities.
- To provide participants with an opportunity to discuss different methods/styles of conducting experiential activities and process debriefs.

Time and Space Requirement:

Time: 45 minutes.

Space: 1 room large enough for participants to form groups of five members each.

Description of Activity:

-The exercise is called "From Where?"

-The goals of the exercise are published on a piece of flipchart paper:

- a) To facilitate introduction of experiential learning through the utilization of an interactive exercise.
- b) To demonstrate the effects of collaboration and information sharing in a group situation.
- c) To explore aspects of collaboration such as verbal communication and division of labor.

-Divide participants into groups of five members each.

- -Have one of the group members distribute all the cards to the participants. (Observers are optional)
- -Distribute one picture per group.
- -Instruct the participants to answer the question on the picture utilizing the clue cards.

-Inform the groups to begin and that they are being timed.

- -Tell participants that the answer must reflect a group consensus.
- -When all of the groups are finished, the debriefing procedure begins.

Debriefing Procedure:

In this section, an effective method of debriefing an experiential exercise is discussed.



"THE ELC MODEL"

-The exercise will be debriefed in accordance with the above model as it is shown in the diagram.

Open discussion:

A general discussion on different methods of conducting process debriefings will conclude the workshop.